

# Safe Haven Sunday

Parish Implementation Guide  
Year One

Safe Haven Sunday is raising awareness throughout dioceses and parishes in the United States regarding the negative impacts of pornography on individuals, marriages, families and society.

Safe Haven Sunday is a weekend set aside by dioceses and parishes to directly address the harms of pornography in an appropriate way. Within the context of the Mass, dioceses and parishes are able to provide teaching and resources that will support and protect individuals, marriages and families in making all homes a safe haven.

It is inspired by the United States Conference of Catholic Bishops' formal statement, *Create in Me a Clean Heart: A Pastoral Response to Pornography*, where they explain, "The use of pornography by anyone in the home deprives the home of its role as a safe haven and has negative effects throughout a family's life and across generations."

# Frequently Asked Questions

## **Q. What is Safe Haven Sunday?**

**A.** It is a weekend within the liturgical calendar selected by the diocese to directly address the harms of pornography and to provide resources to support and protect individuals, marriages, and families in overcoming pornography and making their homes safe. Safe Haven Sunday in the Diocese of Allentown is March 8-9, 2025.

## **Q. Why is Covenant Eyes involved with Safe Haven Sunday?**

**A.** Covenant Eyes is committed to creating faith-based resources that foster the virtue of chastity and the tools to overcome pornography use and addiction (their flagship service is Internet Accountability and Filtering). Safe Haven Sunday is one of the many resources Covenant Eyes has developed to assist U.S. dioceses and parishes in implementing the USCCB's formal statement, *Create in Me a Clean Heart: A Pastoral Response to Pornography*, one step at a time.

## **Q. Is Safe Haven Sunday an annual initiative?**

**A.** It is currently a four-year initiative that can be repeated in the life of a diocese and/or parish on a selected weekend to educate and inform individuals, marriages, and families on the harms of pornography.

## **Q. What is the theme for Safe Haven Sunday?**

**A.** This year's theme is Equipping the Family: Safeguarding Children.

## **Q. Is Safe Haven Sunday implemented at the diocesan or parish level?**

**A.** Both. This is a weekend that can be initiated by a diocese and/or parish. If the diocesan bishop requests that parishes implement this weekend, the diocese plays a leading role in the weekend, primarily by way of communicating necessary actions

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to implement the weekend and at the same time spearheading communication with the parishes and the public. The parish role is to provide communications to parishioners and implement Safe Haven Sunday, and (optional) provide this year's educational resource, *Equipped: Smart Catholic Parenting in a Sexualized Culture*.

## **Q. What role does the parish priest, school chaplain, or school administrator have in the implementation of Safe Haven Sunday?**

**A.** This effort is designed to be led primarily by the parish priest. He will be provided all the tools to make Safe Haven Sunday a success, including general intercessions, bulletin blurbs and inserts, as well as the opportunity to purchase the Covenant Eyes' book, *Equipped: Smart Catholic Parenting in a Sexualized Culture*, and sign up for the [Safe Digital Family Challenge](#), a free, seven-day email series for parents and all responsible adults on how to create safer digital environments. **Both these resources are available in English and Spanish.** Throughout the book, readers will be encouraged to sign up for the seven-day email series by texting SECURE to 66866.

## **Safe Digital Family Challenge: 7 Days of Digital Encouragement for Parents:**

When parishioners sign up on the [website](#) or text SECURE to 66866, they are automatically enrolled into seven days of helpful digital tips about the importance of accountability, preparing kids for social media, how to have critical conversations, and more!

The following section provides suggested steps that can be taken at the parish level leading up to the Safe Haven Sunday weekend.

# Implementation Timeline

- **1 week out:** First Bulletin Blurb sent the weekend prior to Safe Haven Sunday - March 1st & 2nd
- **Implementation Weekend: Safe Haven Sunday - March 8th & 9th**
  - Second Bulletin Blurb: Safe Haven Sunday (may also be used as Pulpit Announcement)
  - Bulletin Insert
  - Homily and/or Homily Video
  - General Intercessions
  - Prayer Card (may be prayed after the General Intercessions or the closing song)
  - Announcement made at the end of Mass encouraging parents and all responsible adults to pick up a copy of *Equipped* on their way out of church. During the announcement, a description of the book, as well as instructions regarding the *Safe Digital Family Challenge*, may be provided.
  - *Equipped* distributed after closing song. One copy provided to every household.
- **1 week after:** Third and final bulletin blurb thanking parishioners for participating in Safe Haven Sunday.
- **1 week after:** Safe Haven Sunday / Thank You posted on parish social media.
- **1 week after:** Bulletin article on the parish effort.

The following section provides suggested resources that can be used to implement Safe Haven Sunday.

# Implementation Resources

Bulletin Blurbs (*English & Spanish*)

Bulletin Inserts (*English & Spanish*)

General Intercessions (*English & Spanish*)

Homily Video (*English & Spanish Subtitles*)

Letter From Parish Priests to Parishioners

Prayer Card for Parishioners (*English & Spanish*)

Social Media Kit

**Click here to access the resources listed above - LCC Website!**